<u>Luteinizing Hormone in Serum-</u> <u>Luteinizing hormone (LH)</u> is measured by using an immunoradiometric assay (LH MAIAclone from Serono Diagnostics, Ciba-Corning, East Walpole, MA) (1-19). Samples, standards, and controls are reacted with a mixture of monoclonal antibodies to LH. An antibody labelled with ¹²⁵I attaches quickly to a unique site on the molecule. A second monoclonal antibody linked to fluorescein binds at a discrete site on the LH molecule forming a sandwich. At the end of the incubation, antifluorescein coupled to a magnetic solid phase (MAIA) is added in excess, and rapidly and specifically binds to the monoclonal antibody complex, then is precipitated in a magnetic field, eliminating the need for centrifugation (1-15, 17-19).

The concentration of antigen is directly proportional to the radioactivity bound to the separation reagent. By measuring the bound fraction (separation reagent pellet) of each standard, sample, and control in a gamma counter calibrated to detect ¹²⁵I, one can determine the concentration of LH in the samples and controls.

- 1. Storring PL, Bangham DR, Cotes PM, et al. The international reference preparations of human pituitary luteinizing hormone for immunoassay. Acta Endocrinologica 1978;88:250-9.
- 2. Pierce JG, Parsons TF. Glycoprotein hormones: structure and function. Annu Rev Biochem 1981;50:465-95.
- 3. Shome B, Parlow AF. Human FSH: first demonstration of its 1250 subunit identity with the 125-subunit of hLH. J Clin Endocrinol Metab 1974;39:199-202.
- 4. Sairam MR, Li CH. Human pituitary thyrotropin: isolation and chemical characterization of its subunits. Biochem Biophys Res Commum 1973;51:336.
- 5. Daughaday WH. The adenohypophysis. In: Williams RH editor. Textbook of Endocrinology. London: WB Saunders Co., 1981.
- 6. Harris GW, Naftolin F. The hypothalamus and control of ovulation. B Med Bull 1970;26:3-9.
- 7. Knobil E. The neuroendocrine control of the menstrual cycle. Recent Prog Horm Res 1980;36:53-88.
- 8. Santen RJ, Bardin GW. Episodic luteinizing hormone secretion in man. J Clin Invest 1973;52:2617.
- 9. Backstrom CT, McNeilly AS, Leask RM, Baird DT. Pulsatile secretion of LH, FSH, prolactin, oestradiol and progesterone during the human menstrual cycle. Clin Endocrinol 1992;17:29.
- 10. Reame N, Sauder SE, Kelch RP, Marshall JC. Pulsatile gonadotropin secretion during the human menstrual cycle: evidence for altered frequency of gonadotropin releasing hormone secretion. J Clin Endocrinol Metab 1984;59:328.
- 11. Bonnar J. The hypothalamus and reproductive function. In: Scott RB, Walker RM editors. Bristol: The Medical Annual. London, England. J Wright & sons. 1973;251-58.
- 12. Besser GM, McNeilly AS, Anderson DC, et al. Hormonal responses to synthetic luteinizing hormone and follicle stimulating hormone in man. BMJ 1972;3:267-71.
- 13. Franchimont P, Becker H, Valcke JC, et al. Action of luteinizing hormone-releasing hormone (LH-RH) on gonadotrophins in normal and pathological conditions. In: Vokaer R, DeBoche G editors. Reproductive endocrinology. Oxford; Pergamon, 1975:185-202.

- 14. Shaw RW, Butt WR, London DR, Marshall JC. The oestrogen provocation test: a method of assessing the hypothalamic pituitary axis in patients with amenorrhoea. Clin Endocrinol 1975;4:267-76.
- 15. Soos M, Siddle K. Characterization of monoclonal antibodies for human luteinizing hormone and mapping of Lutenizing Hormone in Serum -- NHANES III antigenic determinants on the hormone. Clin Chim Acta 1983;133:263-74.
- 16. Rattle SJ, Purnell DR, Williams PI, et al. New separation method for monoclonal immunoradiometric assays and its application to assays for thyrotropin and human choriogonadotropin. Clin Chem 1984;30:1457-62.
- 17. Eastham RD. Biochemical values in clinical medicine, 7th edition. Bristol: John Wright and Sons Ltd, 1985.
- 18. Beitins IZ, O'Loughlin K, Ostrea T, McArthur JW. Gonadotropin determination in timed 3-hour urine collections during
- the menstrual cycle and LH-RH testing. J Clin Endocrinol Metab 1976;43:46-55.
- 19. Kulin HE, Bell PM, Santen RJ, Ferber AJ. Integration of Pulsatile gonadotropin secretion by timed urinary measurements: an accurate and sensitive 3-hour test. J Clin Endocrinol Metab 1975;40:783-789.

-from Laboratory Procedures Used for the Third National Health and Nutrition Examination Survey (NHANES III) 1988-1994 Elaine W. Gunter, Brenda G. Lewis, and Sharon M. Koncikowski, 1996